

# FIGHT ACADEMY PASADENA

## Kidzilian's Training Schedule

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00am						No Gi Grappling
4:30pm	Brazilian Jiu Jitsu	Kickboxing	Brazilian Jiu Jitsu	No Gi Grappling		
5:30pm	Kickboxing	No Gi Grappling	Mixed Martial Arts	Kickboxing	Brazilian Jiu Jitsu	